

Need help buying food?

More legal immigrants than ever are eligible for FOOD STAMPS .

- ❑ Even if you applied before and weren't eligible, you should check again.
- ❑ If you used to get Food Stamps and were cut off, you may be eligible now.
 - ❑ Even if you aren't eligible, your children may be .
- ❑ When applying for benefits for your children only , you are not required to provide your own Social Security number or information about your own immigration status.

WHO IS ELIGIBLE?

- ✓ Most legal immigrants who have lived in the U.S. for five (5) years.
- ✓ Any disabled immigrant who gets SSI (disability), no matter how long you have lived in the U.S.

This chart tells you how much you can earn and still get Food Stamps.

Household size	Gross Monthly Income*	Net Monthly Income	Maximum Benefit (if no income)
1	\$960	\$739	\$139
2	1,294	995	256
3	1,628	1,252	366
4	1,961	1,509	465
5	2,295	1,765	553
6	2,629	2,002	663
Each add'l person	+ 334	+ 257	+ 105

*If someone in your household is elderly or disabled, only the net income limit applies.

How much Food Stamps do I qualify for?

Find out on the Internet, at www.lonestarcard.org/estimator

How do I apply?

- ❑ Call 1-877-556-2200 to find a Food Stamp office near you, OR go to www.txstars.net and enter your zip code
 - ❑ You can request a phone interview if it's hard for you to get to a Food Stamp office.
- ❑ Need help with your application? Call 1-800-992-9767 to find out where to go for assistance.